

NOT A NUMBER

A CHILD TRAFFICKING AND EXPLOITATION
PREVENTION CURRICULUM DEVELOPED BY LOVE146



WHAT WILL YOUTH LEARN?

Not a Number is an interactive child trafficking and exploitation prevention curriculum designed to provide youth with information and skills in a manner that inspires them to make safe choices when they encounter potentially exploitative situations and utilize healthy support systems that may decrease their vulnerabilities.

MODULE 1:

*An Introduction to
Human Trafficking and
Exploitation*

MODULE 2:

Culture and Society

MODULE 3:

*Red Flags and
Relationships*

MODULE 4:

*Vulnerabilities and
Resilience*

MODULE 5:

*Reducing Risky Behavior
and Getting Help*

YOUTH WILL...

- Complete a pre-test assessing their baseline knowledge, attitudes, behaviors, and skills as related to human trafficking and exploitation.
- Define key terms: exploitation, human trafficking, vulnerability.
- Recognize who can be affected by human trafficking and exploitation, and the strategies that traffickers/exploiters employ to recruit youth.
- Identify signs and red flags of grooming and recruitment.
- Analyze how social and cultural norms influence healthy and unhealthy behaviors.
- Challenge stereotypes and judgements we make of individuals in society.
- Define victim blaming by examining current events and news articles.
- Define consent.
- Learn how to recognize unhealthy relationships and build healthy relationships by analyzing examples of both, identifying their characteristics and red flags, and recognizing abusive behavior as abusive.
- Identify how people utilize technology to build relationships and to abuse and exploit youth.
- Understand the power of language by reflecting on its impact on their individual self-worth and how hurtful words can increase one's vulnerabilities.
- Identify personal and peer risk factors by looking at examples of individual, relational, community, and social vulnerabilities and how traffickers exploit these areas.
- Apply what they have learned in the previous modules by modeling how to navigate risky and/or unsafe situations, including overcoming personal vulnerabilities and seeking support for themselves or peers.
- Identify healthy support systems (peer, adult, and community) and how to utilize the array of services available to them including safe spaces, hotlines, and health, substance abuse, and dating violence services.
- Complete a post-test assessing their knowledge, attitudes, behaviors, and skills as related to human trafficking and exploitation to determine their growth after completing the curriculum.

HOW IS *NOT A NUMBER* DESIGNED TO MEET THE LEARNING NEEDS OF YOUTH?

- It moves beyond the traditional “information deficit” model and instead encourages peer-to-peer prevention, as youth often confide in one another before alerting an adult. It motivates youth to advocate for themselves and others through an environment that fosters mutual support. It establishes a safe and respectful space for youth and adults to have open and informed dialogue necessary for effective prevention.
- It intentionally creates a youth-driven approach that is collaborative and interactive, for example, activities include youth role playing “What would you do?” scenarios, analyzing news stories, and viewing informative videos.
- It prepares youth to navigate content specific to their experiences as young people, including but not limited to recognizing how the internet and social media can be used by traffickers, questioning the cultural norms created by media, reducing risky behavior in physical and digital setting, and identifying the characteristics of healthy and unhealthy relationships.
- It takes a cooperative, holistic approach to young people’s needs focusing on social-emotional abilities, such as empathy, respect, and the relationship between personal and societal pressures that create or increase vulnerabilities.

WHO IS THE INTENDED AUDIENCE FOR *NOT A NUMBER*?

- The curriculum was developed for youth ages 12-18, including male, female, and youth that identify as LGBTQ. *Not a Number* is applicable across gender, ethnic, and socioeconomic backgrounds. Youth with high-risk indicators such as involvement with systems (e.g. juvenile justice, child welfare), history of abuse and/or neglect, exposure to violence, risky sexual behavior on- and offline, and history of alcohol or substance use will particularly benefit.
- All youth fall within the risk spectrum and are inherently vulnerable to exploitation. The knowledge and skills they will develop through the curriculum, including making safe choices and seeking healthy support systems, are important in lifelong prevention and early identification for vulnerabilities and exploitation.
- The curriculum is designed for primary and secondary prevention and early identification for vulnerabilities and exploitation. While youth who have experienced human trafficking and exploitation may benefit from *Not a Number*, it is not intended to be used as a primary treatment tool.
- The *Not a Number* curriculum focuses on empowering youth through education. By creating space for instruction and honest dialogue on topics such as human trafficking, exploitation, abuse, vulnerability, and violence, participants gain knowledge and skills to advocate for themselves and others.

WHAT WOULD I NEED TO BRING *NOT A NUMBER* TO THE YOUTH IN MY ORGANIZATION?

- A group of 5 to 30 youth.
- Approximately five 60-minute time blocks. Schedules for alternate time blocks are available.
- At least one facilitator per group. Based on your agency’s needs, you may select a Love146 certified facilitator to implement the program, or you may obtain a license to utilize the program directly and send a staff member to a training to become certified to administer the curriculum.

FOR MORE INFORMATION ON LICENSING AND CERTIFICATION, OR TO FIND A CERTIFIED FACILITATOR, VISIT US AT WWW.LOVE146.ORG/NOTANUMBER/LICENSING OR CONTACT US AT NOTANUMBER@LOVE146.ORG