

Thriving in an Online World

Digital Participation

- + **LISTEN** to how students feel about and use technology.
- + **ASK** questions about students' interests and connect them with online resources.
- + **REFLECT** students' strengths and skills back to them.
- + **SUPPORT** students' use of digital tools to advance goals or for learning.

Digital Citizenship

- + **BALANCE** online and offline connection.
- + **TAKE CHARGE** of digital footprints and online actions.
- + **ENCOURAGE** students to think before they post.
- + **PRACTICE** face-to-face communication with family and peers.

Digital Discipline - Parenting Strategies

- + **SET** clear boundaries and expectations about what, where, when, and how.
- + **ENFORCE** consequences consistently.
- + **USE** parental controls to verify trust and catalyze communication.
- + **MODEL** healthy media use.